



Government of South Australia  
Department for Education

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## Sun Protection and Hot Weather Policy

A balance of ultraviolet (UV) radiation exposure is important for health. Too much of the sun's UV radiation can cause sunburn, skin and eye damage and skin cancer. Sun exposure in the first ten years of life is a major factor in determining future skin cancer risk. Too little UV radiation from the sun can lead to low vitamin D levels. Vitamin D is essential for healthy bones and muscles for general health.

Staff are encouraged to access the SunSmart UV Alert at <http://www.bom.gov.au/sa/uv> to find out daily local sun protection times to assist with the implementation of this policy. At Netley Kindy we use a combination of sun protection measure for all outdoor activities from 1 September to 30 April, and whenever UV radiation levels reach 3 and above at other times.


### Sun Protection Procedures:

- All children must wear their hat when outdoors in terms 1, 3 and 4, and whenever UV radiation levels reach 3 and above at other times. If they do not have a hat to wear their play will be restricted to indoor and veranda play only.
- Acceptable hats for outdoor play are bucket, broad brimmed or legionnaires style, which protect the face, back of neck and ears.
- SPF 30 or higher broad spectrum, water resistant sunscreen will be reapplied before lunch. Sunscreen will be available for all children to apply to exposed skin areas. (Parents to apply sunscreen prior to arrival in morning).
- Locate outdoor activities in shaded areas.
- Encourage children to play in shaded areas.
- Staff and children are encouraged to come dressed in clothing that covers as much skin as possible. Tops with higher necklines and collars, and longer style shorts, dresses and skirts are best.
- Encourage parents and visitors to role model sun protection behaviours.
- Incorporate sun and skin awareness information into our teaching program.

### On Extremely hot days the following procedures will apply:

- Locate outdoor activities in shaded areas.
- Encourage children to play in shaded areas.
- Limit outdoor activities on extremely hot days.
- Encourage children to drink water.
- In the event of inadequate provision of cooling (breakdown of air-conditioning) when temperature is above 36 degrees, children's families will be contacted to collect children early, and remaining children will be supervised with water cooling activities until time of collection.

New staff and all families will be informed of the policy in staff and parent handbooks, newsletters, displays and other means of communication.

Signed 	Endorsed by Netley Kindergarten Governing Council, 2022 (Chairperson)	Date <u>25/7/22</u>
To be reviewed 2023		